

**Complex Human-Nature Entanglements: Indic Perspectives**  
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Venue: **RCC, Fourth Floor Conference Room**

Time: **14:15–15:15**

**Abstract**

In the age of the Anthropocene, we are dangerously poised on the brink of irreversible environmental disasters as we tread precariously across the danger zones of several planetary boundaries. How did we reach this point of an unabashed quasi auto-destruction? Are there still possibilities for making amends to prevent the prophesied Apocalypse? This presentation will explore the challenges posed by certain dominant psychological drivers underlying the complex human-nature entanglements and draw inspiration from alternative approaches based on Indic perspectives for understanding and preserving this relationship in more sustainable ways.

**Speaker bio-notes**



**Anuradha** is presently a faculty member at the Department of Humanities and Social Sciences and the Rekhi Centre of Excellence for the Science of Happiness at the Indian Institute of Technology Kharagpur. Her areas of interest span across Sanskrit, Yoga (Indian), Psychology, and Philosophy. An Erasmus Mundus Scholar (European Humanities) in the Universities of St-Andrews, Scotland, and Bergamo, Italy, following her doctorate in Sanskrit, she traveled and taught at several academic and Yoga organizations worldwide exploring the applications of Indic knowledge traditions for experiencing well-being in contemporary contexts.



**Vinayachandra** is the Director of Indica Yoga, Bangalore, India. Having undergone his education in a traditional educational system, he acquired his doctoral degree in the area of psychological insights in the *Vedas*. He is a visiting faculty member at Ghent University, Belgium, Zurich University of Applied Sciences (ZHAW), Switzerland and SRH Hochschule, Germany, teaching Sanskrit, Yoga and Indian Psychology. He travels across Europe offering courses, workshops, and lectures on Yoga Psychology. He has published in books and journals of international repute.